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Common Foods That Are Harmful or Even Fatal to Dogs

Many common foods are actually harmful or even fatal to dogs. Some of these (listed below) will surprise you. Others are things you would never give your dog purposefully, but now you will be more careful to not let them be in your dog's reach. And some just need to be limited to small amounts.

Grapes and raisins can cause kidney failure in dogs. As little as a single serving of raisins can kill him. If the dog doesn't eat enough at one time to be fatal, he can be severely damaged by eating just a few grapes or raisins regularly.

Avocados (fruit, pit, and plant) are toxic to dogs. Avocados contain a toxic component called persin, which can damage heart, lung and other tissue in many animals. They are high in fat and can trigger stomach upset, vomiting and even pancreatitis. Symptoms of toxicity include difficulty breathing, abdominal enlargement, abnormal fluid accumulations in the chest, abdomen and sac around the heart. The amount that needs to be ingested to cause signs is unknown. The effects on dogs and cats are not completely understood. GI signs are commonly seen and should be treated symptomatically. In addition, the animal should be monitored closely for other clinical signs related to the cardiovascular system.

Onions destroy red blood cells and can cause anemia, weakness, and breathing difficulty. Even small amounts can cause cumulative damage over time. This includes onions or chives - raw, powdered, dehydrated, or cooked.

Large amounts of **garlic** cause the same problems as onions. Garlic contains only a small amount of the problematic substance that is in onions. Just as with people, moderation is the key.

Tomatoes (plant and fruit) contain tomatine, an alkaloid related to solanine. As the fruit ripens, the tomatine is metabolized. Therefore, ripe tomatoes are less likely to be problematic for animals. Clinical signs of poisoning include lethargy, drooling, difficulty breathing, colic, vomiting, diarrhea or constipation, widely-dilated pupils, paralysis, cardiac effects, central nervous system signs (e.g., ataxia, muscle weakness, tremors, seizures), resulting from cholinesterase inhibition, coma and death. All parts of the plant except the tomato itself are poisonous to humans, although some people are sensitive to the ripe fruit also. Tomatoes also contain atropine, which can cause dilated pupils, tremors, and heart arrhythmias. The highest concentration of atropine is found in the leaves and stems of tomato plants, with less in unripe (green) tomatoes, and even less in ripe (red) tomatoes.

Nutmeg can cause tremors, seizures and death.

Caffeine (from coffee, coffee grounds, tea, or tea bags) stimulates the central nervous and cardiac systems, and can cause vomiting, restlessness, heart palpitations, and even death within hours.

Diet products containing the sweetener Xylitol can cause a sudden drop in blood sugar, resulting in depression, loss of coordination and seizures. Unless treatment is given quickly, the dog could die.

Alcohol - depending on the amount ingested, alcohol ingestions can potentially result in vomiting, diarrhea, incoordination, central nervous system depression, difficulty breathing, tremors, acidosis, coma and even death.

Macadamia nuts can cause weakness, muscle tremor and paralysis. These symptoms are usually temporary.

Walnuts - When dogs eat the seed hulls, they can get an upset stomach and diarrhea. The real problem is the fungus or mold that attacks walnuts after they get wet (from rain or sprinklers), which produces toxins. If the fungus or mold is ingested by your dogs, they can become very ill and possibly die. Signs that should alert you to walnut poisoning are vomiting, trembling, drooling, lack of coordination, lethargy, loss of appetite, and jaundice indications such as yellowing eyes and gums. Severely affected dogs can produce blood-tinged vomit or stools. Dogs can take several days to exhibit serious signs of illness.

Chocolate can cause seizures, coma and death. Baker's chocolate is the most dangerous. The darker the chocolate, the more dangerous it is. But any chocolate, in large enough amounts, can kill a dog. An ounce of chocolate can poison a 30-pound dog, and many dogs will happily consume more than this. The symptoms may not show up for several hours (and so might make you think all is well), with death following within twenty-four hours. A dog can consume milk chocolate and appear to be fine because it is not as concentrated, but it is still dangerous.

Apple seeds, cherry pits, peach pits, pear pips, plums pits, and apricot pits contain cyanide, which is poisonous. While a few apple seeds may not cause a problem, the effects can accumulate over time if they are given to dogs regularly. Dogs should not be allowed to chew on a peach pit, cherry pit, apricot pit, or plum pit. Chewing can allow ingestion of cyanide. Chewing could also result in the pit being swallowed, causing continuous exposure to cyanide, or could cause the dog to choke.

Too much **salt** can cause kidney problems. Also, large breeds of dogs that eat salty food may then drink too much water and develop bloat, which is fatal unless emergency treatment is given very quickly. Too much **fat or fried foods** can cause pancreatitis.

Ham and bacon contain too much fat and too much salt, and can cause pancreatitis. Also, large breeds of dogs that eat salty food may drink too much water and develop a life-threatening condition called bloat. This is where the stomach fills up with gas and within several hours may twist, causing death.

Raw liver or too much cooked liver (three servings a week) can lead to vitamin A toxicity. This can cause deformed bones, excessive bone growth on the elbows and spine, weight loss, and anorexia. Check the label of your canned dog food to be sure that it does not contain liver if you are giving your dog liver also.

Wild mushrooms can cause abdominal pain, drooling, liver damage, kidney damage, vomiting, diarrhea, convulsions, coma, or death.

Raw egg whites contain a protein called avidin, which can deplete your dog of biotin, one of the B vitamins. Biotin is essential to your dog's growth and coat health. The lack of it can cause hair loss, weakness, growth retardation, or skeleton deformity. Raw egg yolks contain enough biotin to prevent the deficiency, so this is not a problem with raw whole eggs.

Raw egg yolks could contain salmonella, so you should get your eggs from a reliable source or cook the eggs.

Grains should not be given in large amounts or make up a large part of a dog's diet, but rice is generally safe in small amounts.

Cooked bones can splinter and tear a dog's internal organs.

Potato peels and green potatoes are dangerous.

Dairy products are high in fat, which can cause pancreatitis, gas and diarrhea. A small amount of non-fat, plain yogurt is usually safe.

Dogs can't digest most vegetables (carrots, green beans, lettuce, potatoes or yams) whole or in large pieces they are fine to give as treats but in small pieces only.

"My dog ate _____ lots of times and didn't die, so _____ don't kill dogs."

That logic is no better than "My dog runs in the street all the time and has never been hit by a car, so dogs never get hit by cars."

Warm Weather Hazards

- Animal toxins—toads, insects, spiders, snakes and scorpions
- Blue-green algae in ponds
- Citronella candles
- Cocoa mulch
- Compost piles Fertilizers
- Flea products
- Outdoor plants and plant bulbs
- Swimming-pool treatment supplies
- Fly baits containing methomyl
- Slug and snail baits containing metaldehyde

Medication

Common examples of human medications that can be potentially lethal to pets, even in small doses, include:

- Pain killers
- Cold medicines
- Anti-cancer drugs
- Antidepressants
- Vitamins
- Diet Pills

Cold Weather Hazards

- Antifreeze
- Liquid potpourri
- Ice melting products
- Rat and mouse bait

Common Household Hazards

- Fabric softener sheets
- Mothballs
- Post-1982 pennies (due to high concentration of zinc) A dog that consumes even one penny can become quite sick, or even die, if the penny is not removed.

Holiday Hazards

- Christmas tree water (may contain fertilizers and bacteria, which, if ingested, can upset the stomach.
- Electrical cords & batteries
- Ribbons or tinsel (can become lodged in the intestines and cause intestinal obstruction—most often occurs with kittens!)
- Glass ornaments

This information comes from the American Veterinary Medicine Association and the ASPCA Animal Poison Control Center. Their telephone number is **1-888-426-4435**.

There is a \$55 consultation fee if using their service, best thing to do is call your VET or contact one of these after hours vets

After Hours Small Animal Emergency Clinic of Wake County, P.A.

409 Vick Ave 919- 781-5145 Hours: 5:30PM - 8:00AM, plus Weekends and Holidays

Quail Corners 24 Hour Emergency Hospital

1613 E Millbrook Rd 919-876-0739

NCSU Vet School Animal Emergencies

4700 Hillsborough St 919-513-6500 Hours: 5PM - 8AM, plus Weekends and Holidays

17 Plants That Are Harmful or Even Fatal to Dogs

Lilies

Members of the *Lilium spp.* are considered to be highly toxic to cats. While the poisonous component has not yet been identified, it is clear that with even ingestions of very small amounts of the plant, severe kidney damage could result.

Marijuana

Ingestion of *Cannabis sativa* by companion animals can result in depression of the central nervous system and incoordination, as well as vomiting, diarrhea, drooling, increased heart rate, and even seizures and coma.

Sago Palm

All parts of *Cycas Revoluta* are poisonous, but the seeds or “nuts” contain the largest amount of toxin. The ingestion of just one or two seeds can result in very serious effects, which include vomiting, diarrhea, depression, seizures and liver failure.

Tulip/Narcissus bulbs

The bulb portions of *Tulipa/Narcissus spp.* contain toxins that can cause intense gastrointestinal irritation, drooling, loss of appetite, depression of the central nervous system, convulsions and cardiac abnormalities.

Azalea/Rhododendron

Members of the *Rhododendron spp.* contain substances known as grayantoxins, which can produce vomiting, drooling, diarrhea, weakness and depression of the central nervous system in animals. Severe azalea poisoning could ultimately lead to coma and death from cardiovascular collapse.

Oleander

All parts of *Nerium oleander* are considered to be toxic, as they contain cardiac glycosides that have the potential to cause serious effects—including gastrointestinal tract irritation, abnormal heart function, hypothermia and even death.

Castor Bean

The poisonous principle in *Ricinus communis* is ricin, a highly toxic protein that can produce severe abdominal pain, drooling, vomiting, diarrhea, excessive thirst, weakness and loss of appetite. Severe cases of poisoning can result in dehydration, muscle twitching, tremors, seizures, coma and death.

Cyclamen

Cyclamen species contain cyclamine, but the highest concentration of this toxic component is typically located in the root portion of the plant. If consumed, *Cyclamen* can produce significant gastrointestinal irritation, including intense vomiting. Fatalities have also been reported in some cases.

Kalanchoe

This plant contains components that can produce gastrointestinal irritation, as well as those that are toxic to the heart, and can seriously affect cardiac rhythm and rate.

Yew

Taxus spp. contains a toxic component known as taxine, which causes central nervous system effects such as trembling, incoordination, and difficulty breathing. It can also cause significant gastrointestinal irritation and cardiac failure, which can result in death.

Amaryllis

Common garden plants popular around Easter, *Amaryllis* species contain toxins that can cause vomiting, depression, diarrhea, abdominal pain, hypersalivation, anorexia and tremors.

Autumn Crocus

Ingestion of *Colchicum autumnale* by pets can result in oral irritation, bloody vomiting, diarrhea, shock, multi-organ damage and bone marrow suppression.

Chrysanthemum

These popular blooms are part of the *Compositae* family, which contain pyrethrins that may produce gastrointestinal upset, including drooling, vomiting and diarrhea, if eaten. In certain cases depression and loss of coordination may also develop if enough of any part of the plant is consumed.

English Ivy

Also called branching ivy, glacier ivy, needlepoint ivy, sweetheart ivy and California ivy, *Hedera helix* contains triterpenoid saponins that, should pets ingest, can result in vomiting, abdominal pain, hypersalivation and diarrhea.

Peace Lily (AKA Mauna Loa Peace Lily)

Spathiphyllum contains calcium oxalate crystals that can cause oral irritation, excessive drooling, vomiting, difficulty in swallowing and intense burning and irritation of the mouth, lips and tongue in pets who ingest.

Pothos

Pothos (both *Scindapsus* and *Epipremnum*) belongs to the Araceae family. If chewed or ingested, this popular household plant can cause significant mechanical irritation and swelling of the oral tissues and other parts of the gastrointestinal tract.

Schefflera

Schefflera and *Brassaia actinophylla* contain calcium oxalate crystals that can cause oral irritation, excessive drooling, vomiting, difficulty in swallowing and intense burning and irritation of the mouth, lips and tongue in pets who ingest.



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Many people don't know they do NOT have to board their pets and they can use a pet sitter; in fact, it's actually cheaper for multi-pet households. It's a great peace of mind knowing your pets are on their own normal routines, eating their same food, sleeping in their normal spots & remaining happy at home. **Contact me online or by phone, let's schedule a FREE consult: 919-605-5133**

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